

The 3-Year Life Plan

Shaping your life around your values



Time to make a choice?

How do I want
my life to look
like in 1, 3, 5
years from
now?

Am I using all
of my
potential?

Which
direction
should I take?

How do I
get more
fulfillment?



Questions... questions

- At some point, we all face similar questions.
- In most cases, it is more about missing something than being unhappy.
- Very often, the most difficult part is to identify what is missing and how to change this.

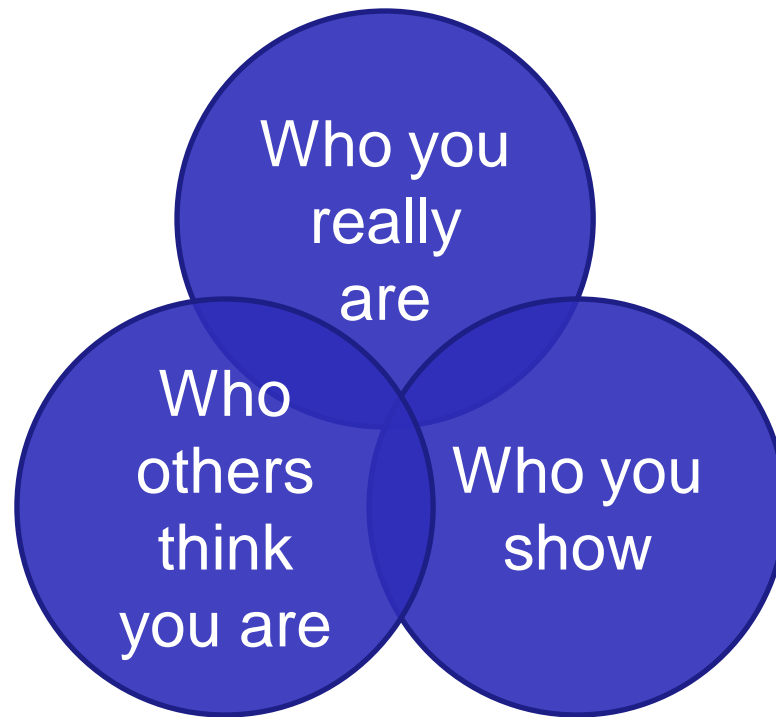
Our 4-step approach

To answer those questions and many more, we will guide you over 4 steps that will help you shape your future and help you get a fulfilled life.

- Step 1: Identify your special talents and the values that make you the unique individual that you are.
- Step 2: Assess your current level of satisfaction.
- Step 3: Analyze the situation and determine the actions for improvement.
- Step 4: Follow-up and final choices.

Are you yourself?

You are defined in 3 ways, that can differ



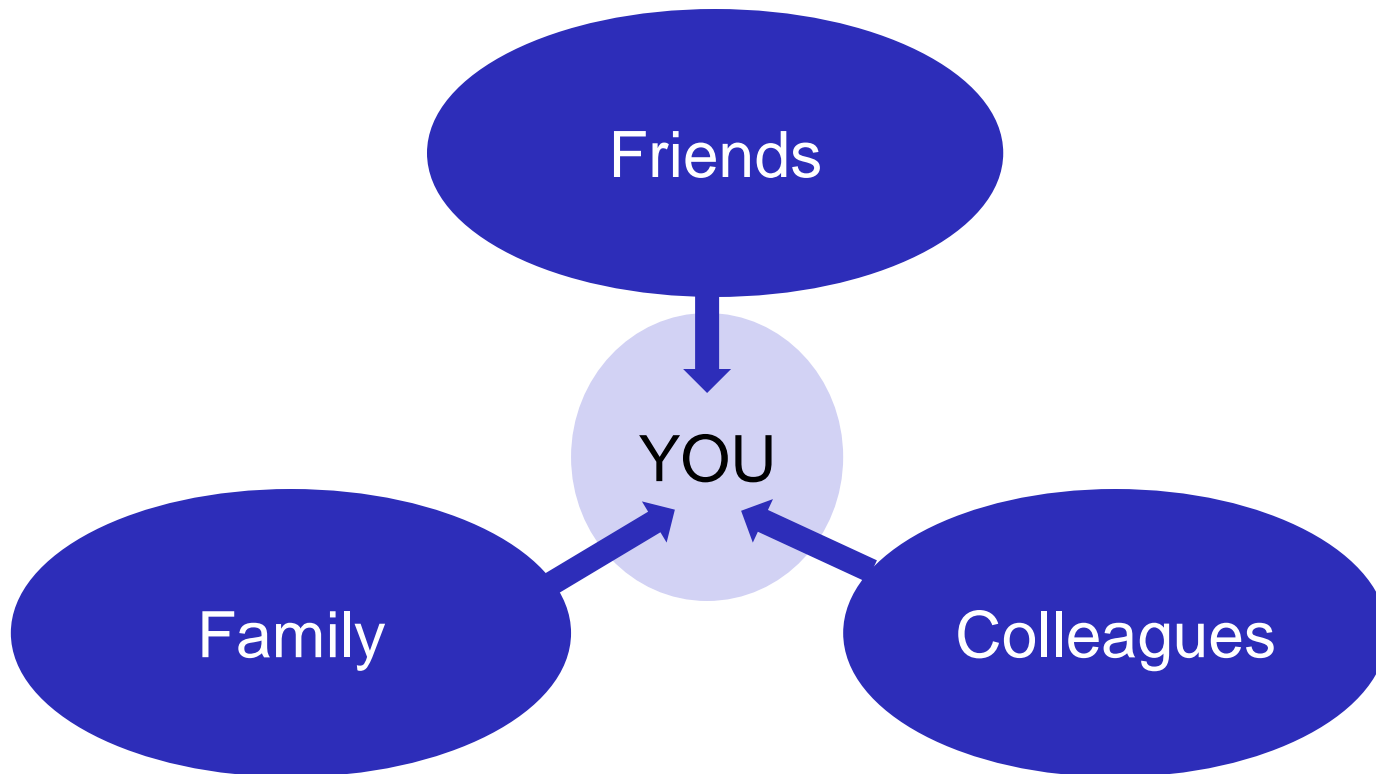
Talents & Values



- You will find out your unique talents
- You will select your top 5 values
- You will drive this interactive process

Talents & Values

Feedback from trusted third parties are an essential part of this exercise



Assessment of current situation

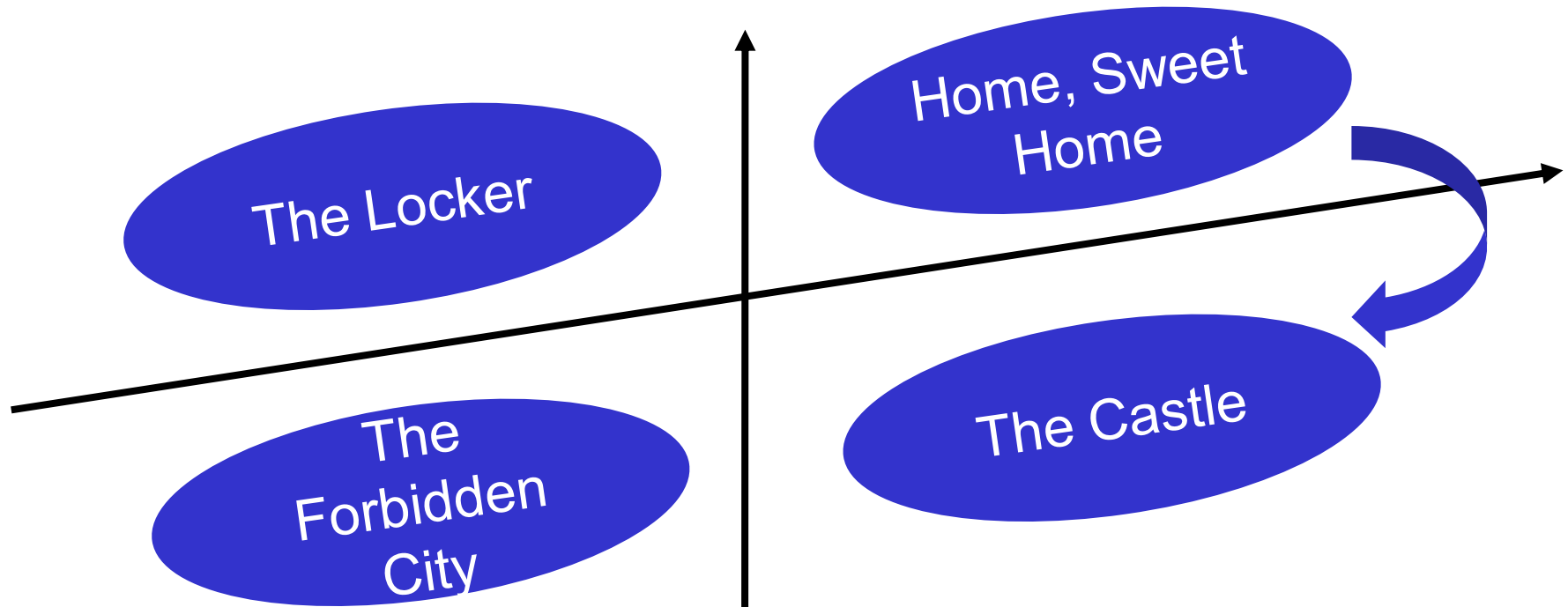
- Review of the current level of fulfillment
 - For each value
 - For each talent
- Use of a score system allowing immediate visualization of areas of improvement



Defining the actions

- From the score chart:
 - Areas of improvement
 - Mapping of needs, wants and haves
 - Charting the way to improvement

The way to more fulfillment



Implementing the actions

- Listing of objectives, following the SMART approach
 - Specific
 - Measurable
 - Ambitious
 - Realistic
 - Time-bound
- Naming a “sponsor” for each objective



Getting started

Just a little bit more help for clarity and you will be on your way!



Follow-up & conclusion

- To happen between 1 and 2 months after finalization of the plan.
- Review of the start-up of objectives defined in the plan.
- Review of possible modification of the implementation process.
- Evaluation of further needs.

Interested?



Then do not forget to add “contact us” on your To-Do list at:
info@happyfuturegroup.com

